



**Competitive Edge Karate**  
**3500 Mayland Court**  
**Richmond, VA 23233**  
**804-346-4235**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>4:15 – 5:00</u> CHILD PURPLE BLUE	<u>4:15 – 5:50</u> CHILD GREEN		<u>9:00 – 9:50</u> CHILD WHITE YELLOW
<u>5:00 – 5:50</u> CHILD GREEN-PURPLE BLUE	<u>5:00 – 5:50</u> CHILD WHITE YELLOW	<u>5:00 – 5:50</u> <b>BLACK BELT            CLUB</b>	<u>5:15 – 6:05</u> CHILD WHITE YELLOW	<u>5:30 – 6:20</u> 2 <sup>ND</sup> DEGREE BLACK BELT TRAINING	<u>10:00 – 10:50</u> CHILD RED BROWN BLACK
<u>6:00 – 6:50</u> CHILD WHITE YELLOW	<u>6:00 – 6:50</u> CHILD GREEN-PURPLE BLUE	<u>6:00 – 6:50</u> CHILD RED BROWN	<u>6:15 – 7:05</u> 2 <sup>ND</sup> DEGREE BLACK BELT TRAINING	<u>6:30 – 7:20</u> CHILD RED BROWN	<u>11:00 - 11:50</u> <b>BLACK BELT            CLUB</b>
<u>7:00 – 7:50</u> CHILD RED BROWN					<u>12:00 - 12:50</u> CHILD GREEN-PURPLE BLUE
<u>6:00 – 6:45</u> ADULT KICKBOXING	<u>7:00 – 7:45</u> ADULT SELF-DEFENSE	<u>6:00 – 6:45</u> ADULT KICKBOXING	<u>7:15 – 8:00</u> ADULT SELF-DEFENSE		
<u>7:00 – 7:45</u> ADULT SELF-DEFENSE	<u>7:45 – 8:30</u> ADULT KICKBOXING	<u>7:00 – 7:45</u> ADULT SELF-DEFENSE	<u>8:00 – 8:45</u> ADULT KICKBOXING		

CEK reserves the right to change the class schedule at any time.  
 Adequate notice will be provided.  
**Students must be 13 yrs. old to attend Adult Classes.**